



## **BOSWELL EQUESTRIAN**

**Training & Information Day with Tom Holden – International Course Designer & Approved Horse Sport Ireland Coach**

Session incorporates the correct and proper use of poles when training at home for both Dressage & Show Jumping .

**Adults - €20 (includes light lunch)  
Juniors (Under 18) - €15 (includes light lunch)**

**Wednesday 30<sup>th</sup> December 2009  
Starts at 10.30am and finishes at 3.00pm**

### **Time Table**

**Talk and Tutorial  
10.30am – 12.30pm**

**Light Lunch  
12.30pm – 1.30pm**

**Course Walk  
followed by Questions & Answers  
1.30pm – 3.00pm**

### **Demonstration Riders:**

**Darryl Walker (Show Jumping) and Heidi Hamilton (Dressage/Eventing)**

**This Training Day is suitable for all levels of rider – Pony Club, Riding Club, Amateurs, Dressage/Eventers etc. etc.**

**Further information can be obtained from [www.boswellequestrian.ie](http://www.boswellequestrian.ie) or phone Boswell Equestrian on 087 1303959**

**Don't miss this opportunity to be coached by one of Ireland's most respected International Course Designers on how to improve training techniques for competition purposes.**

**Places are limited so don't be disappointed, book in advance by contacting Boswell Equestrian on 087 1303959.**

