



MODERN PENTATHLON TASTER DAY

Saturday 18th May at 11.30am



Give Modern Pentathlon a Try!

Are you enjoying your Minimus / Tetrathlon experience? Why not take the next step and try an Olympic Sport!

In Modern Pentathlon athletes compete in 5 sports: Swimming, Fencing, Show Jumping and Combined (Running and Laser Shooting).

Why not try out your skills at our Taster Day

When: Saturday 18th May at 11.30am

Where: Modern Pentathlon Centre, Irish Sport HQ, National Sports Campus, Abbotstown, Dublin 15

Training on the day will be provided in Fencing, Running and Shooting.

What Equipment do I need? : All you need to bring is Running gear.
Fencing and Shooting equipment will be provided by Pentathlon Ireland.

Cost : Only €5

Registration : Go to www.pentathlon.ie for more details
or sign up through Its Plain Sailing. <https://www.itsplainsailing.com/club/pi>

SPREAD THE WORD

If you know of anyone who would like to try out the sport, please let them know.

Thank you!

Any queries or questions, feel free to contact:



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